



Jan Kern, ICF Certified
LIFE AND LEADERSHIP COACH
Coaching for
Transformational Impact

Courage Creativity Vision

Voice of Courage
jankern@gmail.com
1.530.613.4853

Where are you
in your life today?
Where would you like to be?
Who are you becoming?
Take your next steps through the
exciting and transformational
process of coaching.
Explore, discover, and
move forward with greater
courage, creativity & vision.

“Jan listened without judgment and asked me questions that helped point me toward the future. Those are the greatest gifts. I always feel stronger after our coaching conversations.”
— Karen
Penn Valley, CA

Jan says...

“What I love most about coaching? The courageous stories I see unfold. The powerful freedom and creativity that gets uncovered and celebrated. The honoring of gifts, passions, and life-giving goals. People engaging and unleashing their creative grace-infused, world-changing voice to effect change in their circles of influence, whether big or small. They do the hard work through the unique modality of the coaching conversation to reach deep. I’ve watched it in action. They get it. They own it. Then they live it.”

“Jan spoke my language and used word pictures. Our hour up over the landscape helped me get better oriented to the bigger picture and lifted me out of my typical, narrower focus.
— Judy
Portland, OR

As a coach, I enjoy partnering with individuals, leaders, and teams to activate courage, creativity, and vision, and to design goals & strategies that support and strengthen relational foundations, personal growth, and innovative leadership.

“Jan’s peaceful and structured approach was exactly what I needed. She reached into my heart to pull out strength I didn’t know I had. She empowered me to set my goals (my weakness), and to believe in my journey and mission enough to fulfill my objectives.
— Susan
Kingman, AZ

Professional Snapshot

- Credentialed Coach, ACC, International Coach Federation (PCC in progress)
- Certified Transformational Coach, CTC, Western Seminary
- Certified Organizational Coach, Academy for Coaching Excellence
- C-IQ Enhanced Skills Coach, Conversational Intelligence®
- Narrative Coach Enhanced Practitioner
- Masters level work in Ministry & Leadership, Western Seminary
- Professional Author and Speaker
- Children’s ministry, youth ministry, and twenty-five plus years serving with a residential program for at-risk teens
- Coaching work with organizations, ministry leadership, university student leadership, soul care ministry, and urban youth organizations

*You’ve heard it said of others,
“That was a courageous move.”
Now those words are for you.*

The person I bring to the coaching partnership is someone who cherishes the opportunity to connect with others, hear their stories, and support them to learn, grow, create and thrive. I love hanging out with friends and family and meeting new people, playing with art media, and exploring new places. My passion is to support the creation of spaces for discovery and creativity, for deeper conversation and connection – with God and with others.